HEALING OF MEMORIES WORKSHOP FOR VETERANS & FIRST RESPONDERS

A safe place for participants to explore personal histories and gain insight and empathy for themselves and others.

This *Institute for Healing of Memories* workshop is a response to the emotional, psychological and spiritual wounds inflicted by war, human rights abuses and other life-changing traumatic circumstances. This life-changing workshop is proven to help participants learn ways to overcome anger, loss, grief and guilt. Not only is it a step on the journey to personal healing, but also it contributes to the healing of interpersonal relationships.

RAVES FOR HEALING OF MEMORIES

"I was finally able to release myself from the personal prison I had put myself into."

"This workshop is the master key to my healing & good health of mind, body & spirit."

"This was not what I expected... but exactly what I needed!"

WHEN

November 12 - 14, 2021

Friday 6:00 pm - Sunday 2:00 pm

WHERE

Spirit in the Desert

7415 E Elbow Bend, Carefree, AZ 85377

COST

FREE to Veterans and First Responders

REGISTER

Call (651) 687-9767

Mike Wold,
U.S. Navy vet & workshop coordinator

COVID PROTOCOLS WILL BE FOLLOWED ENSURING SAFETY FOR ALL

Linda Rich, lead facilitator, has been a HOM facilitator since 2010 and chairs the board of IHOM-NA. As a social worker she has worked in a wide range of addiction treatment, mental health and medical programs. She served in military hospitals with the American Red Cross in Vietnam and in the US. She believes deeply in each person's capacity to heal and to help others heal the wounds of the past.

INSTITUTE FOR HEALING OF MEMORIES

ARIZONA DEPARTMENT OF VETERANS' SERVICES · ARMY · MARINE CORPS · NAVY · AIR FORCE · COAST GUARD · SPACE FORCE

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